

RCC News



The Newsletter of the Redmond Cycling Club

Volume 4, No. 16

April 2003

Meeting and Events

General Meeting:

Monday, April 7, 2003

Note: New location and time!

Coco's Restaurant

Lake Forest Park Town Centre

17535 Ballinger Way NE

Lake Forest Park, WA 98155

206-364-8910

Social meeting: 6:30 PM,

Business meeting: 7:15 PM.

Topics ... to be determined.

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Message from the Prez: They're Breaking Up That Old Gang of Mine

By: Tom Killion

The calendar pages flip by fast these days. (Remember those old black and white movies?) Seems that every week lasts only a day—not enough time to savor life and not nearly enough time to get anything accomplished.

What with (required) riding and (optional) everything else, there is scarcely a moment left to reflect on life around us, at least on the good parts.

But I have this column to fill (so say the editors), and it seems a good time to note the departure of several fine Club members from our brave Northwest outpost.

Although he actually left for Florida several months ago, Kit Rudd finally and deservedly got his dream job in DC, in a big gummint building just down the path from Dubya's house. Something in the Commerce Department about keeping fair trade fair is all I could understand, but as long as Kit keeps the Campy stuff landing on these shores, I'm happy.

Kit reports that he has fallen into bad company (once again!) with a group of masochists whose website is www.dccenturyrides.com. THAT should tell you something. The titular leaders of this clan use their tandem as a Weapon of Mass Destruction, laying waste to all who dare challenge. Kit's hanging in there, earning grudging praise and a few kudos along the way. Check out the ride reports. They're a hoot! If you read very closely, it would appear that the Kitster is signed up for the Fleche Centre-Atlantique on "Team Carnivore"! Sounds a bit more aggressive than "Team AARP" and the "Pasty White Guys". Poor Kit. (P.S. Kit snagged a RAMROD ticket, so we'll be seeing him on a REAL mountain this summer!)

Recently departed but fondly remembered for the incredible vortex created when she hammered past me (repeatedly, every ride, every time) is Laura Hoey. Duty and job called her off to California. Somewhere—it's a big state. I understand that the job is good and the cycling better, so maybe we will get a sitrep from the Golden State

(continues on page 2)

Longest Term Continuous Member Says Farewell

By: Lynn McLaughlin

I've decided to move to Northampton, Massachusetts, and will be leaving on Monday, April 28. It is a very beautiful place, though also very different from the Seattle area. I've been very fortunate to have lived in many other diverse places (New Jersey, Delaware, Phoenix, Salt Lake City, Paris) and it is time to add New England to my list. The cycling is great there, and I'd be happy to host a Fall Colors (East) ride if anyone wants to come. I hope to have a big enough place for friends to crash and RCC members will always be welcome.

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From the Prez (cont.)

some time soon. If my memory serves, Laura was first female finisher of last year's RAMROD, many, many hours ahead of yours truly. I like to think that she was my advance detail. It's less humbling that way.

Now waiting to catch the next bus out of town is our own Lynn McLaughlin, currently the longest standing (not "surviving", as I foolishly said at the March meeting) Club member. Lynn, after mulling over the idea of

opening up a Paris branch of the Club, decided instead to settle in north Massachusetts, just a short ride from New Hampshire and all those steep hills. The move is scheduled soon, so make sure you say your goodbyes. Linda and Nicole have some harebrained idea that Lynn's new area might be just the right place for a reconstituted Fall Colors Ride. A bit of a commute, I'd say. I'm going to miss Lynn a lot. She has the best disposition of anyone I know.

OK, enough reflection. Rain's stopped. Get on your bike and ride!



Kit Rudd shows east coasters how to ride

From Lynn (cont.)

I'm having a party to say farewell in style, on Saturday April 26. It will be at 6:00 p.m. at the Northlake Unitarian



Lynn's first RAMROD

Universalist Church in Kirkland, 408 Fourth Avenue South, on the northeast corner of State Street and Fourth Avenue South. We'll start with a potluck (bring food OR beverages to share), and progress to dancing at about 7:30 p.m. There will be a DJ for the music. If you plan to come, please RSVP to me at 425-827-1882, so I'll know how many are coming. Also, because this far in advance, something can change and I'd need to let you know.

I have a bunch of Yakima rack parts—cross bars, wheel holders, etc.—that I'd be happy to give away to anyone who contacts me at 425-827-1882.

I will never come close to forget-

ting the great friendships I've made in RCC. It was my "home" from the first month I moved here in 1986 until the last. I have been president, directed RAMROD, and coined the phrase "where hill is not a four letter word". I leave that phrase to you as my legacy, as well as my love, esteem and fond memories.

I plan to hang onto my email addresses of LMLaughlin01@earthlink.net (home) and Lynn.McLaughlin@esca.com (work) so you can keep in touch.

March Minutes

By: Amy Harmon

Redmond Cycling Club Minutes 03/03/2003 Tom. Killion called the meeting to order. RAMROD: Sold out at Bike Expo and at Active.com. A waiting list has been set up at Active.com if the park allows us to up the numbers slots will come from there. Don Harkelroad will determine who has earned (will earn) free slots for Ramrod. We had many negative postings on our website about the registration process. Linda Knapp will remove these and a policy will be stated that the message board is for buyers and sellers only. Don Harkelroad will write up a response that will be posted on the website. Halo Headbands: A representative from Halo came to the meeting with samples that were passed around. The club is looking into having the Headbands available for sale at RAMROD. Treasurer: Sue Cady reported that over \$30,000 was deposited into the bank account after expo. It was brought up that \$1.00 of every entry goes to Bike

Alliance and that donations are made to Washington National Park Fund with it being earmarked for Mt. Rainier. The club also makes donations to other entities with ride money. The ride does not make a lot of money for the club.

Upcoming:

MAZAMA - registration is open. Lola is running the show this year.

Rides:

Mudflaps, Millersylvania, SIR 200k, Zeeks Fleche Social, Portland 200k Presentation:

Cheryl Money (McChesney) and husband Todd McChesney came to the meeting to tell us the clubs history. The club was started in 1983 in Cheryl's Redmond living room. It was an offshoot from Puget Sound Cycling (now Greggs Cycling Team) Initially all the rides were held in Redmond. Cheryl told us about the clubs rides - the Cabbage Patch ride was one they started also Mazama. Also she brought old jerseys including very cool retro club jerseys. Cheryl told us that John Dixon had

brought RAMROD to the club and that all 4,000 cookies for RAMROD were baked in the school districts ovens.

Bike Expo:

Big Thank You to Jim and Ann Jensen for running the show and Thanks to all the Volunteers.

Meeting was dismissed

Famous quotes:

Tamara Stephas on racing saddles: "If it only lasts ten minutes, it doesn't matter how much it hurts." On the Fleche Pacifique: "If it only lasts twenty hours, who can TELL how much it hurts?"



Ouch!!!

Bikestation Comes to Seattle

By: Kent Peterson

Here is my new job. I'm going to be the shop manager at the new Seattle Bikestation (see <http://www.bikestation.org/> for details on Bikestation) Simply put, it's a bike-transit station designed to encourage the use of bikes instead of cars. The center



will have a full-service commuter bike shop, secure bike parking, etc. Aaron Goss, of Aaron's Bike Repair in west Seattle, is the main guy behind this and I'll be working for him.

The Bikecenter will be one block from the King Street Train Station at 315 3rd Ave in what used to be the Iron Horse restaurant. We'll be opening in May on Bike to Work Day (but for some of us every day is Bike to Work Day!)

RCC Newsletter Regime Change

By: The Editors

Several months ago, the hard-working Linda Knapp offered the role of newsletter proof reader to Janet Heineck, who was happy to take it on. A little later, Linda decided to focus on maintaining <http://www.redmondcyclingclub.org> and to attend RCC board meetings as representative both of the website and the newsletter. She invited Duane Wright and Janet Heineck to take over newsletter preparation and production. Agreed all around.

The current process: Janet edits submitted articles and e-mails them to

Stop on by if you're in the neighborhood. I'll be there every weekday, probably with a wrench in my hands, a fresh pot of coffee brewing and big grin on my face.

Sixth Annual Fleche Northwest: April 18-20

By: Peter McKay

(petermckay@attbi.com)

Seattle International Randonneurs announces the sixth annual Fleche Northwest for April 18th through the 20th (Easter Sunday). Call your friends, put together a team and route, and join the camaraderie. On Sunday, we'll gather for a banquet brunch at Resort Semiahmoo ([http://](http://www.semiahmoo.com/)



Duane. Duane organizes the articles with graphics and styles into the newsletter you see. He sends it in a .pdf file to Al and Diane McBride who print and mail it to you. Duane sends a copy to Linda who e-mails it to those who receive their newsletter electronically and posts it in due course to the website.

A reminder to all: this is your very own newsletter. Send us your news, ride announcements, accounts of rides epic or otherwise, postings of bikes for sale, industry and tech-watch articles, bicycle-

www.semiahmoo.com/) in Blaine, Washington. Each team will share its experience and we'll present the team award. New this year, we will award a pin to every rider who successfully completes the Fleche.

Semiahmoo was our fleche destination the last three years. If you are not familiar with the resort, it is first class, with wonderful amenities.

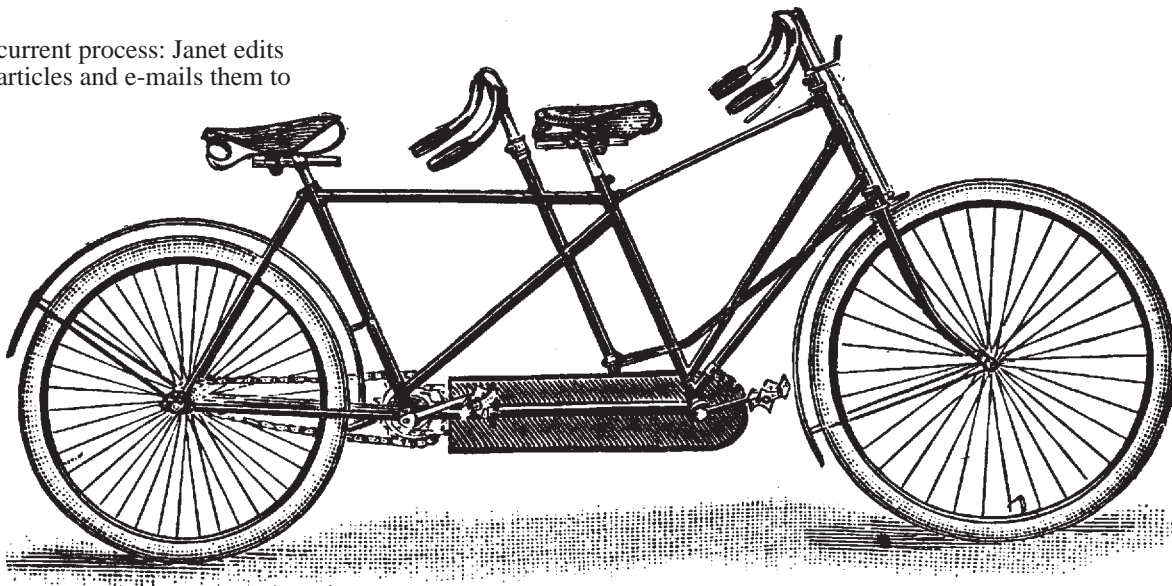
<http://www.semiahmoo.com/>

Team name, proposed route, team member names, addresses and entry fee are due by April 4. I would greatly appreciate receiving your proposed route in Microsoft Streets & Trips 2001 format. However, this is not mandatory. Please send your entry to me at 8837 32nd Avenue SW, Seattle, Washington 98126-3722 USA (telephone 206 932 6702). The fee is \$30 per team. The banquet buffet is \$25 per adult and \$13 per child.

More information on this event can be found at our website: http://www.seattlerandonneur.org/rides/ride_archive/fleche/2003flechenw.html. If you have any questions, please let me know. If you are interested and wish assistance forming a team, let me know. I hope you'll join us!

related literary offerings, or reflections on the cycling life. All are welcome!

Newsletter submissions should be e-mailed to newsletter@redmondcyclingclub.org.



Snohomish County Search & Rescue (SAR) Mountain Bike Team Seeks Support

By: *Trey Werner*

We of the Snohomish County Search & Rescue mountain bike team are looking for support, in the form of more active members to join our team on search & rescue missions. We are just over one year old and need more help.

Thank you for your time and consideration.

<http://www.scvsar.org/MBT/index.htm>

Rides

Sunday, April 13th Daffodil Classic

Five Well Marked Routes to Choose from: 8 miles, 20 miles, 50 miles, 70 miles or 100 miles.

www.twbc.org

Saturday, April 19th Fleche Northwest

Saturday, May 3rd SIR 400k

http://www.seattlerandonneur.org/rides/ride_archive/fleche/2003flechenw.html

Sunday, May 18th Your Canyon For A Day Bike Tour

Yakima/Selah, Washington

Registration starts 7:30 a.m. Ride: 9:00 a.m.-3:00 p.m. Sponsored by Yakima County Crime Stoppers, a volunteer group associated with the Yakima County Sheriff's Office.

The route follows the paved, scenic Yakima River



"Bicycles are almost as good as guitars for meeting girls."

— *Bob Weir, Grateful Dead guitarist*



Canyon Highway which will be closed to through traffic for the day. The highway goes up a gentle grade with a few rolling hills. Many wildflowers will be in bloom and wildlife abounds. Sunny weather is almost guaranteed. This is a ride, not a race.

Includes restroom stops and water stops. Barbecue will be available or bring a sack lunch.

A children's bicycle rodeo, a bicycle maintenance seminar, and event tee shirts will also be offered.

Directions from Ellensburg: take I-82 east to exit 26 (Selah). Travel north

on SR 821 north to Roza Recreation Site at milepost 7. The start and finish point is milepost 7. The distance is 35 miles if you choose to go round trip.

Pre-registration before May 1st is \$20 per person (includes one free tee shirt) or \$40 per family (includes two free tee shirts). Registration May 1st or after will not include free tee shirts. However, they may be purchased at the event.

Register online at <http://www.co.yakima.wa.us/sheriff/biketour.htm>.

For more information, contact Mike Balmelli. 509-453-0351. Fax 509-453-2283.



No nonsense U.S. Customs official searches S&S bike for contraband

Redmond Cycling Club Membership Subscription Form
Individual/Family* Membership Dues: \$15 per calendar year

**Please complete this form and mail it with
your dues to:**

**Redmond Cycling Club - Membership
Post Office Box 1841
Bothell WA 98041-1841**

New Membership **Renewal** **Information change. Start date:** _____

First Name Last Name

Membership# (first 3 digits in top right of address label)

Address Line 1

Day Phone

Address Line 2

Evening Phone

City State Zip Code

Email Address

* One vote is allowed per membership when voting on RCC issues and one copy of the RCC newsletter is mailed for each membership. Use additional copies of this form if multiple family members are to be listed under this membership.

Redmond Cycling Club Information

The Redmond Cycling Club (“Where HILL is not a four-letter word”) is a group of cycling enthusiasts from the greater Seattle area. We meet on the first Monday of each month at 7:15 p.m. at Coco’s Restaurant, Lake Forest Park Center, 17535 Ballinger Way NE, Lake Forest Park, WA 98155 (206-364-8910). Social hour starts at 6:30 p.m. Club phone number is (206) 781-3903.

Our members participate in endurance riding, racing, training and informal social rides. We sponsor the popular Ride Around Mt. Rainier in One Day (RAMROD) and the cross-state ultramarathons CANNONBALL and S2S.

For more information, attend one of our monthly meetings, write us at P.O. Box 1841, Bothell, WA 98041-1841, or email us at info@redmondcyclingclub.org. You can visit us on the Internet at <http://www.redmondcyclingclub.org>.



Redmond Cycling Club
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Bothell, WA 98041-1841